Lounge & Bar menu		Tea and Coffee & Drinks Selection	
Small plates		Herbal Infusions	£4
Soup of the day	£11	Lemon Verbena	
Fish Cake   pickled cucumber   tartare	£14	Uniquely fragrant, with a gentle grassy lemon flavour.	
Welsh cheese board	£17	Whole Leaf Peppermint	
		A striking peppermint tea with a fresh, minty flavour.	
Larger plates		Rooibos	
Seasonal vegetable risotto	£21	Soft honeyed and gently tangy with a hint of bitter orange.	
		Chamomile	
Sandwiches (Granary or White)	£11	Natural whole flowers give a clean and fresh infusion with a clear chamomile taste.	
Smoked ham   rocket   wholegrain mustard		Blackcurrant & Hibiscus	
Smoked salmon   pickled cucumber   chive cream cheese   caper berry		A herbal tea with whole naturally flavoursome blackcurrants, berries and hibiscus shell	ls.
Avocado   red onion   red pesto   coriander   chilli			
		Coffees	
Sweet plates	£12	Single Espresso, Double Espresso, Cappuccino, Americano, Latte, Flat white, Mocha.	£6
Black Forest Gateaux		Decaffeinated	£7.50
Sticky Toffee Pudding   walnut   vanilla		Hot Chocolate	£4
Crème Brûlée   berries   vanilla			
		Liqueur Coffees	
Tea and Coffee & Hot drinks selection		Calypso coffee	£10
<u>Black Tea</u>	£4	Prepared with Tia Maria liqueur.	
Darjeeling		Welsh Coffee	£10
The 'Champagne' of teas with notes of Muscatel and subtle floral aroma.		Prepared with Merlyn liqueur.	
Black Assam		Irish Coffee	£10
The ultimate breakfast tea, strong and bursting with flavour.		Prepared with Irish Whisky	
Earl Grey		French coffee	£10
A perfectly focused classic- rich Ceylon tea, scented with zesty bergamot.		Prepared with Cognac	
Decaffeinated Ceylon			
Rounded, smooth, warming, without the caffeine.		Glass of sparkling wine	125ml
		Glass of Prosecco Superiore, Extra Dry, Veneto, Italy	£9
<u>Green Tea</u>	£4	Glass of Billecart-Salmon, Brut Réserve, Champagne, France	£18
Organic Gunpowder		Glass of Velfrey, Brut, Pembrokeshire, <b>Wales</b>	£16
Spring-picked and organically grown in Hunan.			
Sichuan Dew			
Hand-picked and steamed green tea from Sichuan.		<u>Gin &amp; Tonic (Mixer included)</u>	25ml
Organic Jade Sword		Brecon Special Réserve Gin, Brecon Beacons	£9
Fresh, organic green tea, selected for its sweet, spring flavour.		Pollination, Snowdonia	£13
		Da Mhile Seaweed Gin, Ceredigion	£13
White Tea	£4	Jin Môr, <b>Anglesey</b>	£11
White Peony		Jin Talog, Carmarthenshire	£12
A deeply refreshing, sweet and honeyed Fujian white tea.			