

Guided Walk in the Preseli Hills

Foel Drygarn to Bwlch Gwynt

Guided Walk exploring the Mystical Mynydd Preseli along 'The Golden Road'



Pembrokeshire's hill range is known as Mynydd Preseli in Welsh. The Preseli Mountains or Hills (as they are referred to) are modest mountains, with no summit topping 1,760ft (536m).

Learn why this path is known as 'The Golden Road'.

The route takes you along the spine of the hills. You can usually see all of Pembrokeshire, while on a clear day you can make out the Wicklow Hills in Ireland, and Snowdonia in the north of Wales.

Walk length: 7.5 miles / 12 km
Estimate walk time: 4 hrs 30 mins
Prices from £80 per person
Min 2 people / Max 8 people
Walks can be shortened or extended,
please ask for further details



"For first-time walkers it is usually love at first visit."

Highlights

This undulating route, links ancient monuments and burial places, cairns and rocky tors. We also visit two quarries from which stones are believed to have been taken to Stonehenge 4000 years ago, Carn Menyn & Carn Goedog.



Terrain

A mixture of uneven surfaces, grass, stones, rocks and wet conditions along the route. A good level of fitness is required to undertake this walk. There is no shelter on the walk, so appropriate footwear and clothing is required. *Anyone deemed not to have the suitable footwear will not be allowed to walk, as this could be hazardous to the individual and the group.

What's included

- Knowledgeable Wales Official Tourist Guide for your walk
- Qualified Mountain Training Lowland Leaders
- Packed lunch & transport can be provided if required

Please enquire for further details.

*Walks are subject to change based on the weather conditions and any path restrictions/deviations and closures proposed by the Pembrokeshire Coast National Park Authority