

GROVE
NARBERTH

Heritage Itineraries



Discover the history of Pembrokeshire, with Grove as your base

Pembrokeshire carries its history lightly, but it's everywhere. In ancient stones set against the hills, in cathedrals hidden within valleys, and in castles that still stand with quiet authority.

From Grove, these places feel within easy reach, each offering a different window into the past. Days spent exploring are balanced by returning to somewhere that feels settled and restorative, where you can reflect, unwind and enjoy the present moment just as much as the history you've discovered.



These itineraries are designed for guests who want to experience the depth and character of Pembrokeshire through its heritage. From prehistoric monuments and living history sites to sacred places and great Norman castles, each route offers a different perspective on the county, always with Grove as the perfect place to return to at the end of the day.



2-Day Heritage Itinerary

Day 1 - North Pembrokeshire: ancient and sacred

Head north into a landscape shaped over thousands of years, where history feels close and tangible.



10:00 am | Pentre Ifan

Standing beneath the vast capstone, there's a sense of quiet awe. The structure is simple, yet its scale and precision feel almost improbable. Around you, the Preseli Hills stretch out, adding to the atmosphere.



12:00 pm | St Davids Cathedral

Arriving in St Davids feels like a discovery. The cathedral reveals itself slowly as you descend into the valley, its stone glowing softly against the landscape. Inside, it's calm, atmospheric and deeply rooted in history. The nearby Bishop's Palace adds another layer to explore.



3:30 pm | Solva Woollen Mill

A softer, more intimate moment to end the day. The steady rhythm of the looms, the texture of the fabrics, and the scent of wool and timber create a sense of continuity with the past. Return to Grove for an evening of comfort and ease, where everything is designed to help you unwind and enjoy.

Day 2 - South Pembrokeshire: castles and legacy

Today brings a stronger sense of scale and power, with two of the region's most impressive castles.



10:00 am | Pembroke Castle

Rising above its surroundings, Pembroke Castle is both imposing and atmospheric. Walking its walls and towers gives a real sense of its history, brought to life through guided tours.



1:30 pm | Carew Castle

Set beside a tranquil millpond, Carew feels both grand and peaceful. Its evolution from fortress to manor is visible in every detail, while the restored tidal mill adds depth to the story.

Return to Grove for your final afternoon and evening, a chance to fully enjoy the surroundings and reflect on your stay.



3-Day Heritage Itinerary

Day 1 - North Pembrokeshire: the earliest stories

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12:00 pm | Castell Henllys

Spend the afternoon stepping into Iron Age life. Smoke rising from roundhouses, the textures of earth and timber, and knowledgeable guides bring the experience vividly to life. Return to Grove to settle into your stay and enjoy the evening.

Day 2 - West Pembrokeshire: pilgrimage and craft

A day shaped by spirituality, landscape and tradition.



12:00 pm | St Davids Cathedral

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Day 3 - South Pembrokeshire: power and place

A final day that brings together the defining landmarks of the region.



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Enquiries

reservations@grovenarberth.co.uk
www.grovenarberth.co.uk

Grove of Narberth
Molleston, Narberth, Pembrokeshire, Wales, SA67 8BX