

GROVE

NARBERTH



Experiences





Discover Experiences at Grove

From wild coastlines to quiet woodlands, the essence of Pembrokeshire is woven into every experience at Grove. Each moment is designed to deepen your connection to the land, and leave you with stories to carry home.

Let us help you discover experiences that awaken the senses, spark curiosity, and create memories to treasure long after you've returned home.

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Creative and Cultural Experiences



Storytelling Boat Trip

Myth and marine life meet on the waters of Ramsey Sound. This one-of-a-kind boat trip blends Pembrokeshire's folklore and wildlife in a setting of rare natural beauty. The voyage welcomes two award-winning talents aboard: artist and author Jackie Morris and marine biologist and writer Nicola Davies.



As you drift across Ramsey Sound and along the island's dramatic coast, hear tales of selkies and white ravens, woven between sightings of seals, seabirds, and swirling tidal races. The storytelling is immersive and poetic, enhanced by the wild rhythms of the sea itself. Offered only on select dates throughout the season, this exclusive experience is perfect for those seeking soulful inspiration and a deeper connection to the coastline.

Coastal Printing with Sgrinhouse

Unwind by the sea with a hands-on printing experience inspired by Pembrokeshire's wild coastline. Set in the light-filled Boathouse Studio in Dale, this creative day invites you to sketch, design, and print your own linen textile, guided by the talented team at Sgrinhouse.



Begin with a gentle coastal walk to gather inspiration, then return to the studio to sketch and hand-print your own bespoke design onto beautiful Irish linen. Along the way, enjoy quiet moments, expert guidance, and a setting that soothes and inspires.

Your day includes: Coastal walk and guided sketching, hand-printing your design onto Irish linen, morning coffee and pastries, a glass of bubbles to toast your finished piece, and your printed artwork beautifully wrapped to take home. Pause midday for lunch at The Griffin (not included) or opt for a Grove picnic hamper to enjoy by the sea.

E-Bike Exploration

Embark on a self-guided adventure with one of our premium electric hybrid bikes, ideal for experiencing Pembrokeshire's countryside at your own pace. Whether you follow shaded woodland trails or glide towards panoramic coastal views, every route is designed to reveal the region's quiet charm.



In collaboration with Volt, the UK's leading e-bike brand, our cycles offer smooth, powerful assistance and a generous range of up to 60km per charge. The Grove team has curated three scenic routes tailored to a range of interests:

- Forest & River Trail: A shaded loop through Canaston Woods and along the Cleddau Estuary, perfect for birdwatchers and nature lovers.
- Castle & Countryside Route: A peaceful journey past Llawhaden Castle and through patchwork farmland and charming rural hamlets.
- Coastal Escape Ride: A winding back-lane trail to the sea, ideal for those wishing to pause for a beachside picnic.

Helmets are provided (medium-sized), although you're welcome to bring your own for a personalised fit. Picnics can be arranged in advance. Pre-booking is highly recommended during peak season.

Golf Day

Enjoy a timeless round on Wales's oldest links at Tenby Golf Club, just 25 minutes from Grove. Recognised as the birthplace of Welsh golf, the 18-hole course winds through sandy dunes with sweeping views of Carmarthen Bay and Caldey Island.



Perfect for players of all levels, the course offers fast, true greens and rewarding play. The sandy soil allows for excellent drainage, making it playable year-round. Facilities include a pro shop, trolley hire, and dining at The Links restaurant or 19th Hole bar. Advance bookings are required.

Note: Golfers are required to adhere to the club's dress code: standard golf attire is expected on the course, and smart casual clothing is appropriate in the clubhouse. Proper golf shoes must be worn on the course.

Guided Tours



Explore West Wales at your own pace, with local insight and thoughtful detail. Step into the heart of Pembrokeshire with a private guided tour with trusted local experts renowned for their deep-rooted knowledge and warm hospitality. These tailored tours blend gentle adventure with storytelling and discovery, offering a rich, unhurried way to explore the region's coastline, countryside and cultural landmarks.

Whether you're drawn to wildflower-dotted cliff paths, ancient pilgrimage routes, or the legends behind Pembrokeshire's medieval castles and Celtic relics, your tour will be entirely shaped around your interests and pace. Every experience is designed to offer quiet immersion, from misty woodland walks and secluded coves to panoramic viewpoints and charming market towns.

Each tour begins and ends at Grove, with the tour guide collecting and returning you to our front door so you can simply relax and enjoy the journey. Comfortable walking attire and waterproof layers are recommended.



Nature and Water Experiences



Sea and Surf

Step beyond the garden gates and into a world of wild water adventures.

Whether you're gliding through glassy waters or braving the Atlantic swells, each experience is led by expert guides who know this coastline like the back of their hand.



Surf rolling breaks, explore secret coves by kayak or paddleboard, or test your nerve with coasteering. These tailored sessions are perfect for anyone looking to connect with the elements in a truly unforgettable way.

All equipment is provided, and your guide will ensure a safe and exhilarating outing whatever your skill level.

Private Coastal Sauna

Sink into the soothing heat of a sauna, set against the raw beauty of the Pembrokeshire coast. We invite you to embrace nature in its purest form, from the comfort of a handcrafted cedar cabin with panoramic sea views.

Included in your session is a gourmet hamper for two, prepared by our chefs at Grove, to enjoy as part of your restorative escape.





Sea and Coastal Experiences



Ramsey Island - Private Charter

Cruise the waters of Ramsey Sound on a private guided tour around this storied RSPB reserve. You'll navigate ancient caves, ancient rock gorges and cliffs rising dramatically from the waves, while your guide shares stories of shipwrecks and legends, interwoven with fascinating details about the island's bird colonies, Atlantic grey seals, and rare geology.

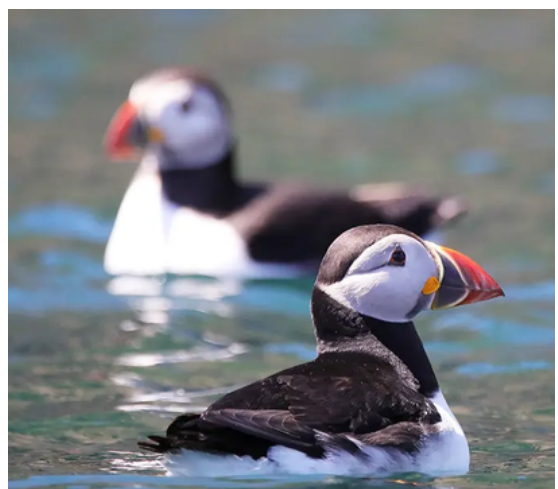


One of the highlights is navigating The Bitches, a notorious tidal race renowned for its swirling waters and raw ocean power. It's a thrilling and humbling moment where nature takes centre stage.

Ideal for families, couples, or small groups seeking an unforgettable coastal experience. Windproof layers and non-slip shoes recommended. Binoculars available on request.

Skomer & Ramsey Island Wildlife Encounter – Private Charter

Sail across St Brides Bay for a two-island wildlife encounter. Begin at Skomer Island, home to 17,000 pairs of comical puffins, 360,000 Manx shearwaters, and a constellation of seabird colonies that thrive in its sheltered cliffs. Drift quietly in Skomer Harbour as puffins and guillemots dive and dart around you, while your guide shares more about this rare and protected Marine Conservation Zone.



As you sail back past Ramsey Island, expect close sightings of basking seals, coastal birdlife, and if the tide's in your favour, a glimpse of the resident harbour porpoises. The blend of open water, rare wildlife, and local storytelling makes this a truly layered and lively experience.

Best time to visit: April to early August

Grassholm Seabird, Whale & Dolphin Expedition – Private Charter



Our most exhilarating sea voyage takes you 20 miles offshore to Grassholm Island, home to 80,000 gannets, the UK's largest seabird. From there, you'll track deeper into open waters, scanning the ocean for porpoises, dolphins, and (if you're lucky) passing whales. This is a true marine safari, often described as life-affirming by returning guests. It's suitable for curious souls of all ages, though due to the offshore distance, we advise it only for children aged 8 and above unless otherwise arranged.

Trips available: Mid-May to September



Restorative Experiences



In-Room Spa Treatments



At Grove, rest begins the moment you arrive. Let the world melt away with a private spa experience in the comfort of your suite. Our trusted therapists, Anna-Marie and Joanna, bring with them years of experience and a deeply restorative touch.

Choose from tension-melting massages, reviving facials, or a gentle moment of stillness, all tailored to you, using natural products that soothe body and mind. With soft robes, calming music, and gentle candlelight, your room becomes a private sanctuary of peace. We recommend booking early to ensure your preferred treatment and time.

A full spa brochure is available on request.



Romantic and Private Experiences



Sunset Shearwater Boat Trip

– Private Charter



This golden-hour voyage is one of the most magical experiences on our coastline. Timed to coincide with the mass return of 360,000 Manx shearwaters, you'll sail out towards Ramsey Island in a private charter as the light softens and the sea turns silver.

With the engine stilled and the sea quiet, watch as the skies fill with shearwaters, skimming just inches above the waves, wingtips brushing the surface, forming ribbons of motion across the twilight sea. The silence, broken only by the rhythm of wings and waves, is a moment few ever forget.

This boat trip is the perfect ending to a perfect day, whether you're celebrating something special or simply embracing the beauty of stillness.

Warm layers and blankets are recommended for comfort.

Best enjoyed: May to mid-September



Nature and Wilderness Experiences



Foraging



Embark on a hands-on coastal journey with a renowned Pembrokeshire forager. The experience delves into the rich biodiversity of Pembrokeshire's intertidal zones. Learn to identify and harvest wild seaweeds, herbs, and shellfish along Pembrokeshire's dramatic shores.

Each 6-7 hour course ends with an open-fire cookout on the beach, where your gathered ingredients are transformed into a wild feast, cooked over a handcrafted Solva Stove —a unique experience that captures the essence of coastal living.

Tide-dependent. Location within 20 minutes of Tenby or Saundersfoot. Please wear waterproof boots and layered clothing; waterproof trousers or waders may be provided.



Culinary Experiences



Vineyard Tour and Tasting



Just six miles from Grove this multi-award-winning, family-run vineyard is nestled among the rolling hills of Lampeter Velfrey. Specialising in still and sparkling wines, this boutique vineyard is a testament to the region's emerging viticulture, producing elegant wines that reflect the character of the land.

Your experience begins with a relaxed guided walk through the vineyard, learning how the vines are cultivated and harvested from the estate owners themselves. With over 4,000 vines thriving on gentle, south-facing slopes, you'll gain an insider's understanding of the journey from grape to glass.

The visit culminates with a tasting of their current vintage in the intimate visitor centre. For those wishing to linger longer, a Welsh grazing board can be added to the experience, offering local cheeses, charcuterie, chutneys, and freshly baked breads – a perfect pairing for the wine.

Tours take place on Thursdays and Saturdays from April to October and are subject to availability. Please pre-book grazing boards with 72 hours' notice.



To book your experience or for more information, please contact our reservations team

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